

PES Dad's Club Newsletter



Mission Statement: To improve our children's experience by growing as involved, connected, and engaged Dads.

Dads' Club Objectives:

Learning Zone Connect Point (LZCP) – Partnering with one of our local feeder schools: TMS, MJH, and MHS to connect current Eagle Families to future Gator, Patriot, and Skipper experiences.

Special Event – 11/17 at 6:00 - PES Dad's Club Night at the **Pelicans v. Golden State:** See flyer for more details about ticket information and free throw voucher:
www.Pelicansgroups.com/PES

- **10/30 at 4:30 (JV) or 5:45 (Varsity): Volleyball Senior Night** at Mandeville High School vs. Covington
- **11/2 from 12-4: Gator Fest** at Tchefuncte Middle School: See the flyer for more details about the discounted Gator Buddies wristband.

Outdoor Play (OP) – A picnic style Dad-led, family-time at a local park to encourage outdoor play and family get-togethers.

- 11/9 at **Koop Drive and Children's Museum of St. Tammany** – For more information email adam.kelley@stpsb.org or visit <https://cmstkids.org>

Volunteer and Serve the Community (VSC) – Volunteer or serve at a school event or community event. Contact Mr. Kelley at adam.kelley@stpsb.org for more information or to connect an organization to the Volunteer and Serve the Community initiative:

- **11/6 from 9-3:45 at PES – Fall Fitness Fun Day (FIELD DAY):** To fill some of the remaining spots to volunteer with Field Day go to the Go Sign Me Up Link at [PES FIELD DAY](https://www.signupgenius.com/go/508084eaca723aafc1-pesfield1) or <https://www.signupgenius.com/go/508084eaca723aafc1-pesfield1>
- **11/9 from 9-2 at PES** – Garden Work Day at PES
 - Phase One of the Pollinator Garden in the Outdoor Classroom: shovels needed
 - Any PES Family member with pressure washers or lawn care equipment is more than welcome to help beautify the campus.
- **11/19 from 4:30-6:30ish at St. Timothy First United Methodist Church:** Thanksgiving Outreach with Samaritan Center – Help is needed distributing food baskets to recipients (shifts are okay and encouraged)
- **12/10 from 4:30-7:00 at St. Timothy First United Methodist Church:** Christmas Outreach with St. Tammany Christmas – Help is needed distributing food/baskets and putting together bikes and other gifts for families and children (shifts are okay and encouraged)

PES Dad's Club Newsletter



Social Event (SE) – A time for PES Dads to gather and connect with other Dads.

- **11/6 & 12/4 Trivia** – More Info: Contact Kenny MacMaster at argoply@gmail.com or (985) 966-3132

Upcoming PES, PTA & STPSB Events:

- 10/25 – Student of the Month Breakfast
- 10/25 – Fall Gala at Beau Chene
- 10/26 – Dine Out at Daisy Duke's
- 10/31 – Story Book Character Day
- 11/7 – 2nd & 3rd Grade Learning Night
- 11/8 – Veterans' Day Program
- 11/12-11/21 – PTA Boosterthon
- 11/14 – Dine Out at Chilli's
- 12/12 – Kinder & 1st Learning Night
- 12/19 – Polar Express Day
- 12/20 – End of 2nd Quarter/1st Semester

Behavior Strategy: Three Zones of Emotional Regulation

- Adults have three zones: Business, Parent, & Kid
- Kids have two zones: Business & Kid
- Which zone are you in, will impact your child's zone!!

Long Term Goals:

- PES Dads' Club Gear
- Dads' Club Objectives Lead
- Chess Club Sponsor

Notes From The Wallet: Dad, is it your night to cook dinner? Are you planning a night out with the kiddos? Looking for a cheap date night with kids? **Always call as deals vary at locations...but here is a list of kids eat free or discounted deals**

- **Mondays** – Izzos, MiCasa, Bistro Byronz, Morton's Italian Pie, Mugshots
- **Tuesdays** – Chick-Fil-A, Los Sombreros, Isabella's, Carreta's, Chicken Salad Chick, Creole Tomateaux, IHOP, Rob's Rockin Dogs
- **Wednesdays** – George's, Mi Mamacitas, Times Grill, Buffalo Wild Wings, Comeback Burger, Hambone, Meribo, Sonic
- **Thursdays** – The Beach House, Carreta's

Activity and Academic Strategy: Moments pass quickly but you have the opportunity to turn them into a memory! This quarter try using the "See, Think, Wonder" approach with your child. It may feel like a grown up version of I Spy.

For this approach, discuss three things you see, two things you think, and one thing you wonder. This 3-2-1 quick activity can be applied when: reading a book, doing a math problem, viewing a dollar bill while waiting to pay, looking at a billboard at a stop light, or discussing an umpires call at a game and more. The options are truly endless and the conversation will take care of itself. Simply expand the horizon of your child's scope through looking at "every day" tasks and items in a different way.