

PES Dad's Club Newsletter



Mission Statement: To improve our children's experience by growing as involved, connected, and engaged Dads.

PTA Membership Challenge

The PTA membership challenge is on, between now and May, the PES PTA and Dad's Club are desiring to have at least 50 new PES Dads register and join the PTA. Access the link/website to the top right to join.

<https://www.pesptamarketplace.com/shop/first-day-pack-all-inclusive-includes-pta-membership-dues-and-directory-7lkbx-btn95>

Valentine's Gift and Art Time with the Kids

Are you looking for something different as a Valentine's gift?

On Saturday (2/8) and Sunday (2/9), from 11-1, [Lola's Art Experience](#) is offering PES Dads a buy one, get one on any V-Day pottery painting project. Bring your child and join us as we get ahead of the holiday by creating something fun that your child could keep or gift to someone else.

Learning Zone Connect Point (LZCP):

Mandeville High School Home Games

- Soccer – MHS v. Hammond
 - January 28th – Girls game at 5:30 & Boys game at 7:15
- Basketball – MHS v. Hammond
 - February 18th – JV at 6:00 & Varsity at 7:30
- Baseball – MHS v. Dunham
 - March 3rd – Varsity at 6:00

Upcoming PES & STPSB Events:

- 1/9 – PES PTA Dine Out Night at Zea's from 6:00 to 8:00
- 1/10 – STPSB Report Cards
- 1/16 – 3rd Grade Parent Learning Night in PES Gym from 6:00-7:30
- 1/20 – No School – MLK Day
- 2/7 – PES PTA Daddy-Daughter Dance in the PES Gym from 7:00-9:00
- 2/13 – PES PTA Dine Out Night at Raising Cane's in Mandeville from 6:00-8:00
- 2/14 – Eve Parade
- 2/20 – PES Mardi Gras Parade (time TBD)
- 2/24-2/28 – NO School: Mardi Gras Break
- 3/12 – End of 3rd Quarter
- 3/13 – No school for students

Volunteer and Serve the Community (VSC):

Mardi Gras Bead Drive for STARC

The PES Dads Club will be collecting both new and used beads for STARC until March 11. The beads will be used to bring jobs to many individuals that work and live within the STARC organization. All students and families are invited to bring to the front office or into the box labeled: "Mardi Gras Bead Drive for STARC".

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Notes From The Wallet: Dads, is it your night to cook dinner? Are you planning a night out with the kids?

- **Mondays** – Izzos, MiCasa, Bistro Byronz, Morton's Italian Pie, Mugshots
- **Tuesdays** – Chick-Fil-A, Los Sombreros, Isabella's, Carreta's, Chicken Salad Chick, Creole Tomateaux, IHOP, Rob's Rockin Dogs
- **Wednesdays** – George's, Mi Mamacitas, Times Grill, Buffalo Wild Wings, Comeback Burger, Hambone, Meribo, Sonic
- **Thursdays** – The Beach House, Carreta's

Activity and Behavior Strategy:

Similar to some adults, children have difficulty transitioning from one activity to another. The result can often be stressing, discouraging, or even, unsafe behaviors. When the transition occurs during or after an activity that is preferable (playing, sports, screen-time, etc...) to a non-preferred activity (chores, homework, helping around the house, etc...) the behaviors can increase significantly.

Try the simple "first-then-last strategy":

- **Before activities with anticipated transitions:**
 - **Reminders** – Repeatedly use a phrase that connects with you, your child, and/or your family:
 - "first-then-last", "first-next-then", "this-then-that", etc...
 - It is important to repeatedly say both the sequencing (first-then) and the corresponding activities.
 - **Think Ahead** – Make sure to "frontload" your child with information that there is only a limited amount of time for the first activity and provide reasons why they will need to move onto the next activity.
 - **Set a Time** – Use a timer or other method to provide a visual and/or auditory reminder for when it is time to move onto the next activity.
- **During the Activity:**
 - Remind your child of the time remaining and state the "next" (or then, etc...) activity. Help end the activity with your child and ease him/her into the next activity.
- **During the Transition:**
 - Review or breakdown the previous activity, remind them that the next activity will only last ___ minutes (be honest about the time for the next activity), and stay POSITIVE during this time. Some assistance might help ease him/her from leaving the activity or entering into the next activity.

Family Social Event – Gather with other PES Families at the PES entrance to watch the Eve Parade on February 14th. Come early for parking and to reserve a spot. The parade rolls at 7:00. Gathering will begin at 6:00.

Social Event (SE) – A time for PES Dads to gather and connect with other Dads.

- Trivia Wednesdays at 7pm on 1/15, 2/5, 3/4 : 69123 Skybrook Rd, Mandeville 70471
- More Info: Contact Kenny MacMaster at argopoly@gmail.com or (985) 966-3132

Activity and Academic Strategy:

Students learn in various ways. Some students and adults alike thrive on visual examples and cues. With that, give flashcards a whirl with your child. Flashcard sets on various educational topics can be purchased or printed. The Dollar Tree is a popular spot for flashcards. Additionally, some free printable flashcard links are provided below. Print a few for you and your child and give them a try!

- Flashcards On Various Topics:
<https://mrprintables.com/printable-flash-cards.html>
- Math Flashcards:
https://www.helpingwithmath.com/resources/oth_flashcards.htm#numbrcards
- Make Your Own Flashcards:
<https://www.scholastic.com/parents/games/flash-card-maker.html>