



ST. TAMMANY PARISH SCHOOL NURSE SERVICES

School Wellness

Dear Parent,

St. Tammany Parish School Board strives to establish a school environment that promotes students' health, well-being and ability to learn.

If You See This:	Do This:
Fever <ul style="list-style-type: none"> • higher than 100.0° F 	Student must remain home and be fever free for 24 hours without medication.
Vomiting If your child vomits at school, during the night or before school	Student must remain home and not vomit for 24 hours.
Diarrhea <ul style="list-style-type: none"> • Loose or watery stools compared to child's normal pattern; not caused by diet or medication • With accompanying stomach ache and abdominal cramping 	Student must remain home: <ul style="list-style-type: none"> • Until stool is contained in diapers or the toilet. • Until stomach ache and abdominal cramping has subsided.
Coughing <ul style="list-style-type: none"> • With forced or labored breathing • Severe uncontrolled cough • Pale or blue color • Wheezing 	Student must remain home until symptoms subside. Seek medical attention.
Mild Respiratory or Cold Symptoms <ul style="list-style-type: none"> • Stuffy nose with clear drainage, sneezing, mild cough • Yellow or green discharge 	Student may attend school if able to participate in class. Seek medical advice.
Rash	Must remain home until rash clears or physician clears student to return. Nurses may not diagnose rashes.
Ringworm	Must be covered. If on the scalp, must be treated by physician and have a note of clearance from the physician to return.
Pinkeye <ul style="list-style-type: none"> • Eye is red • Eye drainage (watery, mucoid, purulent) • Eye itching or burning • Eye swelling • Light sensitivity 	If drainage or redness is observed, student must remain home until resolved or seen by a physician. If on medication, must remain home for 24 hours after starting medication or have a note from physician stating OK to return.