

VIRTUE: GRATITUDE

Appreciation and thankfulness expressed by words and deeds

Appreciation is complimenting and expressing the good work of others.

An attitude of gratitude can remove jealousy or envy.

Gratitude can move our mood to positivity.

Examples of Gratitude Behavior:

Keeping your area clean, taking care of an animal or pets, listening and learning in class, helping the elderly, working for something you want, practicing your spelling words, making a card for someone, writing a daily journal of what you are thankful for, paying for a meal or drink for someone behind you in line, being tidy in the restroom, picking up litter, tapping dirt off your shoes before you enter the building, taking care of your personal property....

Video-Story:

Bernstein Bears: Count Your Blessings

<https://www.youtube.com/watch?v=1OmIHidHo0U>

Video – Clip:

Gratitude Kids:

<https://www.youtube.com/watch?v=DKT5ETUlvJM>

Name: _____

I am THANKFUL

Color all the things you are thankful for.



food



butterflies



hugs



sunshine



my family



my teacher



my home



love



the earth



flowers



my friends



my pets



books



rainbows

I am also thankful for...

I am also thankful for...

I am also thankful for...