



Pontchartrain Elementary August 2018 Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
LUNCH PRICES: Reduced (PK-12) \$0.40 Full Price (PK-6) \$1.30 Full Price (7-12) \$1.55 Eligible Adults \$3.25 Visitors \$4.75	AVAILABLE DAILY: Low-Fat White Milk Fat-Free Chocolate Milk Fat-Free Strawberry Milk OPTIONAL ENTRÉE: Non-Fat Flavored Yogurt w/Mozzarella String Cheese	9	Chicken Quesadilla Shredded Cheese Chilled Fruit Salsa Corn Tortilla Shell	10	Homestyle Hamburger Chilled Fruit Crisp Green Lettuce Hot French Fries WG Hamburger Bun
13 Delicious Chicken Tenders Chilled Fruit Garden Green Salad Snappy Celery Sticks Creamy Mac-N-Cheese Fresh Baked Roll	14 Beef Tacos w/ Fixings Chilled Fruit Chilled Fruit Juice Zesty Refried Beans School Made Cinnamon Stick	15 Red Beans w/ Sausage & Rice Frozen Fruit Cup Fresh Crisp Carrots OR Zesty Cucumber Slices Fresh Baked Breadstick	16 Breezy Beefy Mac Chilled Fruit Seasoned Green Peas Fresh Crisp Carrots Texas Toast	17 Classic Chicken Sandwich Chilled Fruit Crisp Green Lettuce Hot French Fries Bayou Baked Beans	
20 Chinese Orange Chicken Chilled Fruit Delicious Fruit Crisp Fresh Crisp Carrots Steamed Broccoli Florets Fluffy Rice Texas Toast	21 Beef Nachos Chilled Fruit Garden Green Salad Salsa Refried Beans Fresh Baked Cinnamon Stick	22 National Eat A Peach Day Baked Chicken Chilled Fruit Fresh Crisp Carrots Louisiana Style Red Beans w/ Rice Flaky Biscuit	23 Mini Cheese Ravioli Chilled Fruit Garden Green Salad Seasoned Green Beans Fresh Baked Breadstick	24 Homestyle Hamburger Chilled Fruit Crisp Green Lettuce Hot French Fries	
27 Chicken Bites Chilled Fruit Garden Green Salad Green Peas Creamy Mac-N-Cheese Texas Toast	28 Beef Tacos w/ Fixings Chilled Fruit Chilled Fruit Juice Zesty Refried Beans School Made Cinnamon Stick	29 Crispy Fish Strips OR Southern Fried Catfish OR Creole Baked Catfish Chilled Fruit Gelatin Fresh Broccoli Bites Mashed Potatoes Fresh Baked Breadstick	30 Sloppy Joe Sandwich Chilled Fruit Fresh Crisp Carrots Hot French Fries Fresh Baked Roll	31 Cheesy Bites Chilled Fruit Tasty Marinara Sauce Whole Kernel Corn Chewy Oatmeal Cookie	

This institution is an equal opportunity provider. Menus are subject to change.