



Pontchartrain Elementary Aug. 2017 Lunch Menu

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|---|--|
| | | | 10 Breezy Beefy Mac Chilled Fruit Seasoned Green Beans WG Texas Toast WG Brownies | 11 Homestyle Cheeseburger Chilled Fruit Crisp Green Lettuce Hot French Fries WG Hamburger Bun |
| 14 Delicious Chicken Tenders Chilled Fruit Garden Green Salad Snappy Celery Sticks Creamy Mac-N-Cheese Fresh Baked Roll | 15 Beef Tacos w/ Fixings Chilled Fruit Chilled Fruit Juice Zesty Refried Beans School Made Cinnamon Stick | 16 Crispy Fish Strips Southern Fried Catfish OR Creole Baked Catfish Chilled Fruit Gelatin Fresh Broccoli Bites Mashed Potato Fresh Baked Breadstick | 17 Breezy Beefy Mac Chilled Fruit Seasoned Green Peas Fresh Crisp Carrots Texas Toast Fudgy Brownie | 18 Classic Chicken Sandwich Chilled Fruit Crisp Green Lettuce French Fries |
| 21 Dipping Chicken Nuggets Chilled Fruit Delicious Fruit Crisp Fresh Crisp Carrots Rice w/Gravy Texas Toast | 22 Loaded Potato Bar w/Chili OR Chilled Fruit Garden Green Salad Salsa Breadstick | 23 Finger Lick'n Roasted Chicken Chilled Fruit Fresh Crisp Carrots Louisiana Style Red Beans Fluffy Brown Rice Flaky Biscuit | 24 Mini Cheese Ravioli w/Mariana Chilled Fruit Garden Green Salad Seasoned Green Beans Fresh Baked Breadstick Cake | 25 Homestyle Hamburger Chilled Fruit Bayou Baked Beans Crisp Green Lettuce Hot French Fries |
| 28 Delicious Chicken Tenders Chilled Fruit Garden Green Salad Green Peas Creamy Mac-N-Cheese Texas Toast | 29 Beef Tacos w/ Fixings Chilled Fruit Chilled Fruit Juice Zesty Refried Beans School Made Cinnamon Stick | 30 Red Beans w/Sausage & Rice Frozen Fruit Sorbet Fresh Crisp Carrots Cucumber Stick Fresh Baked Breadstick | 31 Sloppy Joe Sandwich Chilled Fruit Fresh Broccoli Bites Hot French Fries Fresh Baked Roll Rice Krispie Treat | |
| LUNCH PRICES: Reduced (PK-12) \$0.40 Full Price (PK-6) \$1.30 Full Price (7-12) \$1.55 Eligible Adults \$3.25 Visitors \$4.25 | AVAILABLE DAILY: Low-Fat White Milk Fat-Free Chocolate Milk Fat-Free Strawberry Milk OPTIONAL ENTRÉE: Non-Fat Flavored Yogurt w/Mozzarella String Cheese | | | |

This institution is an equal opportunity provider. Menus are subject to change.