



## Pontchartrain Elementary Nov.2018 Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>LUNCH PRICES:</b> Reduced (PK-12)      \$0.40 Full Price (PK-6)      \$1.30 Full Price (7-12)      \$1.55 Eligible Adults      \$3.25 Visitors      \$4.75	<b>AVAILABLE DAILY:</b> Low-Fat White Milk Fat-Free Chocolate Milk Fat-Free Strawberry Milk <b>OPTIONAL ENTRÉE:</b> Non-Fat Flavored Yogurt w/Mozzarella String Cheese OR Sunbutter and Jelly Sandwich		<b>1</b>  Hot Dog w/ chili Chilled Fruit Hot French Fries Bayou Baked Beans WG Hotdog Bun Gelatin	<b>2</b>  Grilled Cheese Sandwich Chilled Fruit Whole Kernel Corn Garden Green Salad
<b>5</b>  Delicious Chicken Tenders Chilled Fruit Garden Green Salad Snappy Celery Sticks Creamy Mac-N-Cheese Fresh Baked Roll	<b>6</b>  <b>ELECTION DAY</b> <b>(Schools Closed)</b>	<b>7</b>  Chicken Tacos w/ Fixings Chilled Fruit Chilled Fruit Juice Zesty Refried Beans School Made Cinnamon Stick	<b>8</b>  Roasted Turkey Sweet Potato Casserole Broccoli Crown Florets Fruit Salad Cranberry Sauce Cornbread Dressing w/ Gravy Fresh Baked Roll	<b>9</b>  Classic Chicken Sandwich Bayou Baked Beans Chilled Fruit Crisp Green Lettuce Hot French Fries
<b>12</b>  Chinese Orange Chicken Chilled Fruit Delicious Fruit Crisp Fresh Crisp Carrots Steamed Broccoli Florets Rice Texas Toast	<b>13</b>  Beef Nachos Chilled Fruit Garden Green Salad Salsa Refried Beans Fresh Baked Cinnamon Stick	<b>14</b>  Chicken: Baked, Chilled Fruit Fresh Crisp Carrots Louisiana Style Red Beans Fluffy Rice Flaky Biscuit	<b>15</b>  <b>National Healthy Lunch Day</b> Mini Cheese Ravioli w/Mariana Chilled Fruit Garden Green Salad Seasoned Green Beans Fresh Baked Breadstick	<b>16</b>  Homestyle Hamburger Chilled Fruit Crisp Green Lettuce Hot French Fries
<b>19</b>  <b>THANKSGIVING HOLIDAY</b>	<b>20</b>  <b>THANKSGIVING HOLIDAY</b>	<b>21</b>  <b>THANKSGIVING HOLIDAY</b>	<b>22</b>  <b>THANKSGIVING HOLIDAY</b>	<b>23</b>  <b>THANKSGIVING HOLIDAY</b>
<b>26</b>  Cheesy Chicken Quesadilla Chilled Fruit Salsa Whole Kernel Corn Chewy Oatmeal Cookie	<b>27</b>  Sloppy Joe Sandwich Chilled Fruit Fresh Crisp Carrots Hot French Fries	<b>28</b>  Beef Tacos w/ Fixings Chilled Fruit Chilled Fruit Juice Zesty Refried Beans School Made Cinnamon Stick	<b>29</b>  Crispy Fish Strips Southern Fried Catfish OR Creole Baked Catfish Bayou Baked Beans Chilled Fruit Fresh Broccoli Bites Creamy Mashed Potatoes Fresh Baked Breadstick	<b>30</b>  Delicious Chicken Bites Chilled Fruit Garden Green Salad Green Peas Creamy Mac-N-Cheese Texas Toast

This institution is an equal opportunity provider. Menus are subject to change.