



Pontchartrain Elementary Oct.2017 Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Dipping Chicken Nuggets Chilled Fruit Broccoli Crown Florets Sweet Potato Casserole	Hot Dog Chilled Fruit Hot French Fries Bayou Baked Beans Gelatin	National Taco Day Beef Tacos w/Fixings Chilled Fruit Chilled Fruit Juice Zesty Refried Beans School Made Cinnamon Stick	Italian Meat Sauce w/Pasta Chilled Fruit Seasoned Green Beans Garden Green Salad Fresh Baked Breadstick	PARISH FAIR HOLIDAY
9	10	11	12	13
NATIONAL SCHOOL LUNCH WEEK - Recipes for Success				PROFESSIONAL DEVELOPMENT DAY (NO STUDENTS)
Delicious Chicken Tenders Chilled Fruit Garden Green Salad Snappy Celery Sticks Creamy Mac-N-Cheese Fresh Baked Roll	Loaded Potato Bar w/Chili Chilled Fruit Garden Green Salad Fresh Baked Breadstick	Crispy Fish Strips Fried OR Baked Catfish Chilled Fruit Gelatin w/Fruit Bayou Baked Beans Creamy Mashed Potatoes Fresh Baked Breadstick	NATIONAL GUMBO DAY Chicken Gumbo w/Rice Chilled Fruit Fresh Carrots Fresh Cucumbers School Made Roll Fudgy Brownie	
16	17	18	19	20
Dipping Chicken Nuggets Chilled Fruit Delicious Fruit Crisp Fresh Crisp Carrots Rice w/Gravy Texas Toast	NATIONAL PASTA DAY Macaroni Wiggle Fruity Raisins Green Peas and Fresh Crisp Carrots Texas Toast	Finger Lick'n Roasted Chicken Chilled Fruit Fresh Crisp Carrots Louisiana Style Red Beans Fluffy Rice Flaky Biscuit	Mini Cheese Ravioli w/Mariana Garden Green Salad Seasoned Green Beans Fresh Baked Breadstick	Homestyle Hamburger OR Cheeseburger Chilled Fruit Bayou Baked Beans Crisp Green Lettuce Hot French Fries Chocolate Chip Cookie
23	24	25	26	27
Delicious Chicken Tenders Chilled Fruit Garden Green Salad Green Peas Creamy Mac-N-Cheese Texas Toast	Chicken Tacos w/Fixings Chilled Fruit Chilled Fruit Juice Zesty Refried Beans School Made Cinnamon Stick	Red Beans w/Sausage Frozen Fruit Cups Fresh Crisp Carrots Fresh Baked Breadstick Fluffy Rice	Hot Pepperoni Pizza Chilled Fruit Tasty Marinara Sauce OR Salsa Whole Kernel Corn	NATIONAL POTATO Day Sloppy Joe Sandwich Fresh Broccoli Bites Hot French Fries Fresh Baked Roll Rice Krispie Treat
30	31			
Dipping Chicken Nuggets Chilled Fruit Broccoli Crown Florets Creamy Mashed Potatoes Texas Toast	Hot Dog w / chili Chilled Fruit Hot French Fries Bayou Baked Beans Gelatin		LUNCH PRICES: Reduced (PK-12) \$0.40 Full Price (PK-6) \$1.30 Full Price (7-12) \$1.55 Eligible Adults \$3.25 Visitors \$4.25	AVAILABLE DAILY: Low-Fat White Milk Fat-Free Chocolate Milk Fat-Free Strawberry Milk OPTIONAL ENTRÉE: Non-Fat Flavored Yogurt w/Mozzarella String Cheese

This institution is an equal opportunity provider. Menus are subject to change.